

Tasting Paris



9 – 18 June 2020

**A 10 day exploration of the
gastronomic culture of Paris**



Travels Through Time
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Tasting Paris

Paris has always been seen as a haven of innovative cuisine, food critique and fine dining. Indeed the first restaurant as we know it was invented in Paris in the years before the French Revolution to cater for an elite too sensitive to eat common fare and who could only digest a “restoring” broth.

After the Revolution, out of work aristocrats’ chefs popularized the idea and by the end of the 19th century there were restaurants catering to every taste. The racy guinguettes, the loud brasseries, the local bistros, the risqué café concerts and the exclusive establishments made Paris’ reputation as gourmet capital of the world. The great chefs, Carême and Escoffier, wrote volumes while the great writers wrote cookbooks. Food, drink and the café scene became an integral part of Parisian culture from 1800 onwards.

With the collaboration of local Parisian guide, Sylvia Gagin, this tour will explore all aspects of food in Paris, from the colourful street markets to the great food halls such as the Bon Marché, the

gourmet shops such as Fauchon and the best patisseries, bakeries and chocolate shops. We will visit the Baccarat crystal collection and the porcelain of Sèvres as well as the turn of the century kitchen at the Camondo mansion. Each day we will dine in a different style of restaurant from the historic Grand Véfour to the latest “bistronomie” trends. During the day we will explore the art of dining in the collections of the Louvre and the Musée d’Orsay and travel by coach outside Paris to Alexandre Dumas’ Chateau de Monte Cristo and the Ile des Impressionistes.

The tour will be led by Sylvia Sagona, specialist in 19th century French art and literature, who has been taking lecture tours to Europe for the past twenty years.

Tour Price Includes

- 9 nights accommodation in an Art Deco hotel in the Champs Elysées/ Avenue Montaigne area including full breakfast
- Welcome dinner
- All museum and garden entrances
- Guided tours and lectures including a pre-tour briefing
- Unlimited transport by Metro, bus and the RER in Paris
- Night cruise down the Seine
- Course materials and maps

Price

- \$6850 per person (twin / double)
- \$2250 single supplement



Note : The prices listed above are for land content only and do not include transfers to and from the airport. Meals and drinks, other than daily breakfasts and welcome dinner, are not included.